

LET'S MOVE YOUR BRUM













...for choosing to support Sport Birmingham! We really couldn't do what we do without amazing people like you.

This year is going to be an incredible summer of sport. Jam packed with world wide competitions that will inspire our nation, and with the added bonus of the spotlight shining in on our incredible city.

We are asking local businesses and groups to get into the #TeamSB spirit and put on an event for your people to enjoy and celebrate what is going to be a fantastic summer in Bham, so lets

MOVE OUR BRUM and HAVE SOME FUN!

To help us raise vital funds for Sport Birmingham.

We have made this special fundraising pack for you and your team to get in the spirit and help us continue the legacy!

You will find ideas and inspiration to make it as easy as possible to support our cause and join our mission to improve lives in our community through the power of sport. So what are you waiting for? Let's get our Brum moving!





Here are just a few ideas that you and your team could do but feel free to get creative and make this truly an evet for your team.









Obstacle course- use what you already have Office chairs, folders, stationary to create a unique race

Paper basketball- using recycled paper make paper ball to throw into bins or mugs. The smaller the 'basket' or the further away gets more points



Sports Day- utilise the places and spaces near you and organise a fun sports day, egg and spoon, wheelbarrow races and all those classics we know and love.



Rounders- a game everyone knows and loves!



Tuck Shop- baked goods, drinks, treats, merch sales can help boost your fundraising



Static Challenge- set your team a challenge, talk to your local or on site gym to borrow a bike, treadmill or rowing machine. Row to paris, bike to the sydney opera house or run to the auckney islands.

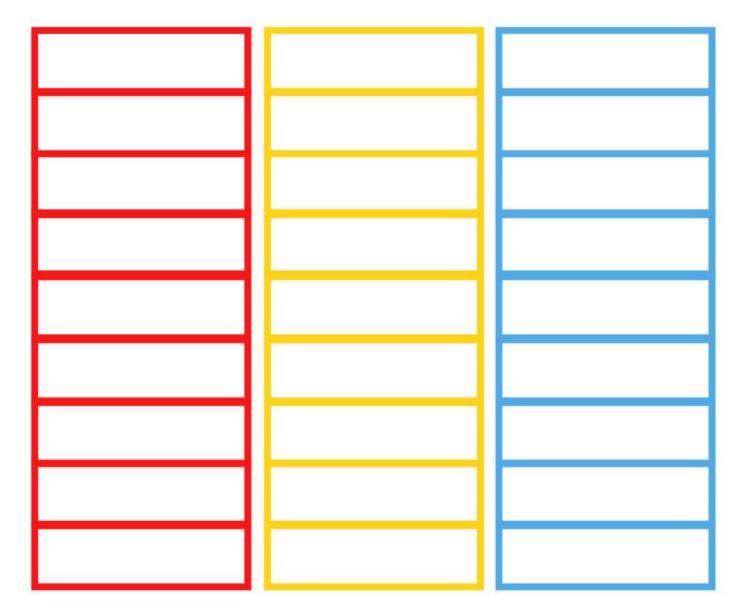
If you require any equipment or

#MoveYourBrum

support please get in touch with us on info@sportbirmingham.org and we may be able to help!







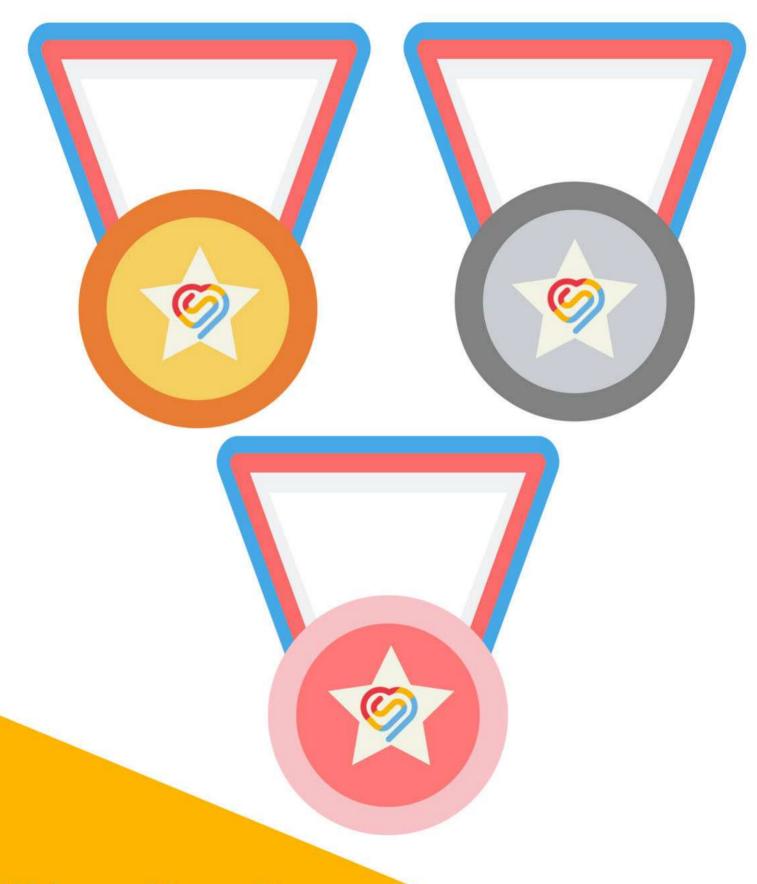
















Don't be shy, we want to see what you are up to! So Share! Share! Share! what you are doing on socials you can find us on Twitter, Instagram Facebook and LinkedIn. Tag us in your photos and videos and use #MoveYourBrum. We can't WAIT!!









We are always here to help, so if you have an idea or need any help of advice then please don's hesitate to get in touch on info@sportbirmingham.org

