**Appendix 1: Supporting links and documentation.**

**OVER-ARCHING**

***Ofsted***

[***https://www.gov.uk/government/publications/school-inspection-handbook-eif/school-inspection-handbook#part-3-grade-descriptors-for-graded-inspections***](https://www.gov.uk/government/publications/school-inspection-handbook-eif/school-inspection-handbook#part-3-grade-descriptors-for-graded-inspections)

***410. Quality of education***

***414. Personal development***

**A 1 What is your provision for the delivery of PE within the curriculum?**  
National Curriculum for PE programme of study: <https://www.gov.uk/government/publications/national-curriculum-in-england-physical-education-programmes-of-study>  
Statutory Curriculum:  
<https://www.afpe.org.uk/physical-education/2014-national-curriculum/>  
<https://www.afpe.org.uk/physical-education/advice-on-new-national-curriculum/>  
<https://www.afpe.org.uk/physical-education/recommended-readings>  
<https://www.afpe.org.uk/physical-education/glossary-of-terms/>  
<https://www.afpe.org.uk/physical-education/the-case-for-pe-becoming-a-core-subject-in-the-national-curriculum/>

**A 2. How does the school ensure the National Curriculum requirements for swimming at KS2 are achieved?**

School Swimming and Water Safety Charter is free to sign up and has guidance of outcome delivery, sample videos of videos, lesson plans, printable certificates, letter templates, guidance on swimwear and much more.  <https://schools.swimming.org/>

<https://www.afpe.org.uk/physical-education/spotlight-on-swimming-using-the-primary-pe-and-sport-premium-to-tackle-inequalities-in-swimming/>

Black Swimming Association https://thebsa.co.uk/

National Curriculum Training Programme to upskill School Staff to deliver alongside Swimming Teachers - <https://www.swimming.org/ios/school-swimming/>

School Swimming Guidance Pack developed with Swim Group and DfE - <https://www.swimming.org/schools/resource-pack/>

**A 3. How does the senior leadership team ensure PESSPA is embedded within whole school improvement?**  
<https://www.afpe.org.uk/physical-education/wp-content/uploads/Outcomes-Poster-2019-Final.pdf>  
<https://www.youthsporttrust.org/PE-sport-premium>

**A 4. How do you profile and communicate PESSPA?**  
https://www.youthsporttrust.org/resources/primary-pe-sport-premium

Association for PE (afPE) quality mark: <https://www.afpe.org.uk/physical-education/afpe-quality-mark-for-pe-a-sport/>  
Youth Sport Trust (YST) quality mark: https://www.youthsporttrust.org/resources/physical-and-mental-health/quality-mark

**A 5 . School Games Mark**

Your School Games Information: https://www.yourschoolgames.com/about/school-games-mark/

**B 1. How does your school promote and implement active travel?**

[walk to school week](https://www.livingstreets.org.uk/products-and-services/projects/walk-to-school-week?campaign=wtsw&source=adwords&gclid=EAIaIQobChMI3MC3oc21_QIVwt_tCh2g1Q_OEAAYASAAEgLXzPD_BwE)

[walk to school month](https://www.livingstreets.org.uk/get-involved/campaign-with-us/international-walk-to-school-month)

[Cycle to school week](https://www.bikeability.org.uk/cycletoschoolweek/#:~:text=Then%20get%20involved%20with%20Cycle,25%20%E2%80%93%20Friday%2029%20September%202023.)

[Sustran’s cycle to school week](https://www.sustrans.org.uk/for-professionals/education/cycle-to-school-week-teacher-resources)

[initiatives and campaigns](https://www.birmingham.gov.uk/info/20163/safer_greener_healthier_travel/1852/safer_greener_healthier_school_travel/2) – Birmingham city council schools offer

[Modeshift STARS](http://www.modeshiftstars.org/) – National Modeshift STARS Scheme.

Activities for young people, British Cycling: <https://www.britishcycling.org.uk/young-people>  
Active School Planner: <https://www.activeschoolplanner.org/>

**B 2. How does your school promote and implement active breaks**

**Active mile initiatives:**  
The Daily Mile - information for schools: [www.thedailymile.co.uk](http://www.thedailymile.co.uk/)  
Marathon Kids: <https://marathonkids.org/>  
The Golden Mile: <https://www.premier-education.com/activities/personal-development/the-golden-mile/>

**B 3. How does your school promote and implement active lessons?**

https://www.creatingactiveschools.org/  
<https://www.mightymaths.co.uk/>  
<https://www.teachactive.org/>

**B 4. How do you ensure that physical health and mental wellbeing is a key thread throughout the school?**

<https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education/physical-health-and-mental-wellbeing-primary-and-secondary>

<https://www.afpe.org.uk/physical-education/afpe-launch-new-posters-to-support-schools-in-september/>

***Healthy schools rating scheme (HSRS)***  
DfE HSRS Guidance for schools: <https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/814914/Healthy_schools_rating_scheme.pdf>

**afPE 2020 Health Position Paper:**<https://www.afpe.org.uk/physical-education/wp-content/uploads/Health-Position-Paper-2020-Web.pdf>

**B 5. How do you introduce and implement equality, diversity and inclusion (EDI)?**

**strategies for physical activities?**

<https://www.youthsporttrust.org/resources/inclusion>

<https://www.youthsporttrust.org/top-sportsability>  
<https://www.youthsporttrust.org/all-about-autism-all-about-me>  
<https://www.specialolympics.org/>  
<https://www.afpe.org.uk/physical-education/wp-content/uploads/Schools_OUT_flier_15-06-11.pdf>

**C 1. How does your school support gifted and talented pupils?**  
<http://www.afpe.org.uk/physical-education/wp-content/uploads/NSC_4_GT_SEN.pdf>

**C 2. What is your participation at inter-school sports events (including a focus on the least active)?**[www.yourschoolgames.com](http://www.yourschoolgames.com/)

**D 1. What is your provision for leadership and volunteering opportunities for students?**  
[www.yourschoolgames.com](http://www.yourschoolgames.com/)

<https://www.yourschoolgames.com/taking-part/leadership-and-volunteering/>

**D 2. What is your commitment to professional learning for staff on PESSPA?**<https://www.afpe.org.uk/physical-education/vocational-qualifications/>  
<https://www.afpe.org.uk/physical-education/courses-a-conferences/>  
[www.activeschoolplanner.org](http://www.activeschoolplanner.org)  
https://www.youthsporttrust.org/resources/search

**D 3. How do you ensure Governors support the development of PESSP?**  
<https://www.afpe.org.uk/physical-education/strategic-update-for-the-chair-of-governors-and-pe-sport-link-governor-in-primary-schools/>  
<https://www.afpe.org.uk/physical-education/primary-pe-a-sport-premium-minister-highlights-govenors-role/>

[Events - Sport Birmingham](https://sportbirmingham.org/events/) – training courses for Governors on PE and Sport Premium

**D 4. What strategies does the school use to encourage parental engagement?**<https://www.afpe.org.uk/physical-education/importance-of-pe-school-sport-physical-activity-resources/>

**E 1. What are your links to local sports clubs and organisations?**  
<https://www.sportbirmingham.org/directory>

**E 2. What is your provision for extra-curricular activities?**<https://www.gov.uk/government/news/extra-curricular-activities-soft-skills-and-social-mobility>

**E 3. What is your strategy for school facilities to be open and accessible to the local community?**  
[Opening Schools Facilities | Active Partnerships](https://www.activepartnerships.org/services/programmes/opening-schools-facilities)