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December 2023



A Few Words From Our CEO Mike Chamberlain

I would like to wish you a very Merry Christmas and a Happy (and active) New Year and what a busy and productive year it has been here at Sport Birmingham! New trustees and new team members have strengthened the charity and supported our ambitions and purpose to improve lives through sport and physical activity.

Following the Commonwealth Games in 2022 we have been activating the local legacy under the banner of 'Active Birmingham'. We are working with communities, and will continue to do so through additional funding secured in the region for the year to come. This will mean being able to fund and support more amazing community clubs and organisations who make a difference to people's lives.

Our schools work saw more participation-focused School Games events taking place, giving opportunity for some of the least active to experience sport, culminating in a wonderful celebration legacy event at the Alexander Stadium in June.

Throughout the year we have worked with some special partners including Comic Relief who have funded our mental health project, The Active Wellbeing Society and Birmingham City Council who have been legacy partners, too many National Governing Bodies of Sport to name, and importantly more and more community clubs and organisations.

As a Sport England System Partner we are committed to lever further investment into the region, working with national partners who have a focus on Birmingham, collaborating to support more clubs and groups who are committed to inclusivity and accessibility in their offering.

The Sport Birmingham Team really look forward to working with you next year to help make Birmingham a more active and healthy city for everyone!



Celebrating the Power of Partnerships

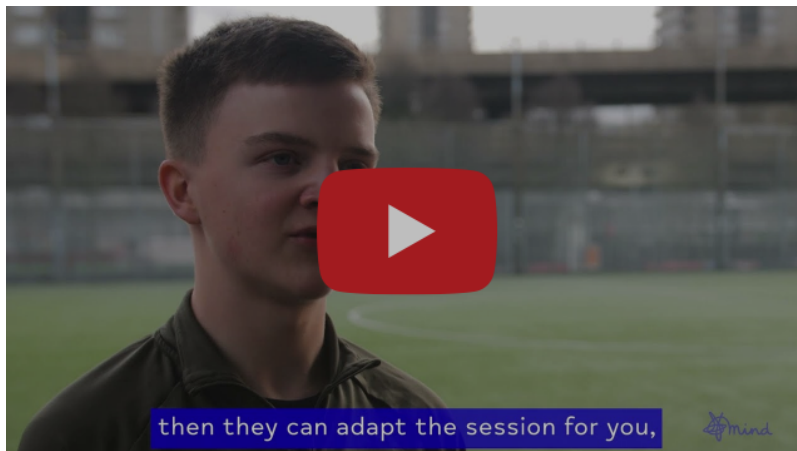
Sport Birmingham will be hosting the Power of Partnerships: Supporting Mental

that use sport and physical activity as a tool to promote positive mental wellbeing. It will also highlight the importance of cross-sector partnerships. Tickets for the conference are free, and we have a really exciting line-up of key-note speakers. For more info and to register click [here](#).

A report has just been released in connection with the 'Ahead of the Game UK' programme. The programme was funded by Comic Relief from March 2020 to July 2023. It has initiated a range of projects that involve sport and physical activity as a way of supporting mental health. In the West Midlands, Sport Birmingham partnered with Birmingham and Solihull Mental Health Foundation NHS Trust (BSMHFT) and Newman University to form one of the programme's 'Sport for Change' cohort organisations. Click [here](#) to read more about the project.



[Click here to register for the Power of Partnerships Conference](#)



Check out this video produced by Mind about supporting young people's wellbeing during physical activity. They have developed specific guidance and tips. Click [here](#) for more info.

Mind have developed a mental health and physical activity toolkit. This includes a pre recorded webinar that provides guidance around the use of their resources and features experts by experience. Click [here](#) for more info.

Funding Update

Inclusive Communities Fund

Grants are available for works, activities and services that fall within one or more of the following three themes:

- Physical activity and sport
- Mental health and well-being
- Arts, culture and creativity

Badminton England Development Fund

A maximum of £3000 can be applied for, towards facility hire, coach development, volunteer training and equipment. The next application window is 1st Jan - 5th Feb 2024. For more info click [here](#)

The Hedley Foundation

The foundation provides grants to smaller charities operating across the spectrum of social need. The foundation awards grants of up to £5000. For more info click [here](#)

Henry Smith Charity

Offers grants for small and medium sized charities and not-for-profit organisations, including social enterprises in the UK. For more info click [here](#)

The Football Foundation

The foundation offers a range of grants towards a range of community football facilities from goalposts to changing pavilions. For more info click [here](#)

The Harry Payne Fund

With grants of up to £2,000, the fund aims to help:

- those who are disadvantaged
- smaller causes where modest donations can make a difference

For more info click [here](#)

The Ulverscroft Foundation

The Ulverscroft Foundation supports projects that help visually impaired people. For more info click [here](#)

Creating an Active Birmingham

Birmingham City Council has been working with a range of organisations and individuals to develop a draft Creating an Active Birmingham Strategy. For the full article click [here](#).

Jobs and Training Update** We're Recruiting! **

Sport Birmingham are currently recruiting for two new exciting roles, focused around Welfare and Safeguarding. Click below for more info and to apply!

[Development Manager \(Welfare & Safeguarding\)](#)

[Sport Welfare Officer](#)

Neurodiversity Training

Access Sport is working with Sport Birmingham to provide Neurodiversity training and support to community sports clubs and organisations. Click [here](#) for more info.

Birmingham Community Matters

Birmingham Community Matters help people to start, run or grow small community and voluntary groups in Birmingham. They are running a series of free sessions over the coming months on a range of topics, including how to get help with your community group. Click [here](#) for more info.

Festive Fitness

Erdington Walking Group are holding winter indoor exercise sessions with a qualified fitness instructor. The sessions are aimed at 18 - 49 year olds with a learning disability and older adults 50+. The sessions run on 21st and 28th December. Click



Sport Birmingham

Holiday Prize Quiz

Four lucky winners will receive a £20 Amazon voucher & Sport Birmingham notebook!

*All entrants are required to sign up to the Sport Birmingham Newsletter. Winners are required to correctly answer all questions & will be selected at random. Winners to be announced in our January Newsletter
Closing date Dec 31st 2023

[Click here to enter](#)

'There is nothing in the world so irresistibly contagious as laughter and good humour.'

Charles Dicken's, A Christmas Carol



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