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January 2024



### Basketball's Back!

We are excited to announce that the 3x3 Basketball Tournament is back for 2024! The event will be held on **Thursday 15th February, at the Nechells Wellbeing Centre**

The tournament is jointly organised by Sport Birmingham, Concord Youth Centre and Basketball England. For more information and to get involved contact: [callam.dunne@sportbirmingham.org](mailto:callam.dunne@sportbirmingham.org)

Here's just some of the fantastic feedback from last year's [3x3 Basketball Tournament!](#)

🏀 *'The staff were brilliant, the set up was great, lovely family day. Great to see the teams together to play basketball.'*

🏀 *'Local heroes for the young players, merchandise for players, photo opportunities, volunteering, players appreciating the sport and showing respect'*

### Curious to know more about 3x3?

3x3 is a unique twist on basketball which involves a half-court and six players. The game took the Birmingham Commonwealth Games by storm. For more info click [here](#).

The 2024 British Basketball League Trophy Finals are being held this weekend in Birmingham - click [here](#) for more info.



Check out Sport Birmingham's 2022-23 [Annual Report](#). Packed full of insight and information about our work.

## Celebrating the Power of Partnerships

Next month, Sport Birmingham will be hosting the Power of Partnerships: Supporting Mental Health Through Sport and Physical Activity Conference, on the 26th February 2024. The conference will share learning and best practice from partners across the region that use sport and physical activity as a tool to promote positive mental wellbeing. It will also highlight the importance of cross-sector partnerships. Following its announcement last month, there has been a great amount of interest in the conference which is already fully booked. Over 100 delegates are due to attend, and we are looking forward to welcoming them for an exciting day of celebration, collaboration, learning and insight.



**"NOT TOO BAD"**

SOMETIMES MEANS  
I FEEL LOST AND ALONE  
Have a conversation about mental health

time to  
talk day  
01/02/24

#TimeToTalk

In partnership with  

Time to Talk day is on the 1st Feb. Check out Time to Talk's 'Get your sports club talking' page [here](#), with advice, tips and resources.

## Funding Update

### Inclusive Communities Fund

Small Grants (up to £15,000) and Medium Grants (£15,000 to £75,000) can be applied for. For more information click [here](#)

If you would like support with an application help is available. Check out these links for more info:

- Winson Green Session [icf-summerfield.eventbrite.co.uk](https://icf-summerfield.eventbrite.co.uk)
- Stirchley Session [icf-stirchleybaths.eventbrite.co.uk](https://icf-stirchleybaths.eventbrite.co.uk)

### Community Ownership Fund

Open to incorporated voluntary and community organisations, and provides support towards community assets. For more details and eligibility criteria click [here](#)

### The Hedley Foundation

The foundation provides grants to smaller charities operating across the spectrum of social need. The foundation awards grants of up to £5000. For more info click [here](#)

### The Football Foundation

The foundation offers a range of grants towards a range of community football facilities from goalposts to changing pavilions. For more info click [here](#)

### The Harry Payne Fund

With grants of up to £2,000, the fund aims to help:

For more info click [here](#)

#### The Ulverscroft Foundation

The Ulverscroft Foundation supports projects that help visually impaired people. For more info click [here](#)



Our online virtual network sessions provide a fantastic opportunity to learn and share knowledge and ideas around different aspects of community sports provision.

Join us at our next virtual network session on Thursday 25th January 2024, 4:30pm to 5:30pm. January's theme will focus on upskilling workforce and volunteers in clubs and community organisations.

For more info and to sign up click [here](#).

# buddle.

The new home of Club Matters.

Buddle shares the latest information, training and tools to help clubs and organisations overcome challenges and make the most of the opportunities available to them.

Check out the new Buddle website [here](#) and their [listings page](#) packed with a range of free workshops and webinars for 2024.

#### Cycling Forward

Moving Lives Healthy Minds is a social recovery project for over 25's living with severe and enduring mental ill health. The Active Wellbeing Society ([TAWS](#)) delivered 17 weeks of cycling activities funded through Sport Birmingham for patients referred into the programme. The sessions included learning to ride, confidence lessons and instructor led bike rides.

Check out this feedback from one of the participants Tony,

*"I was referred onto the Moving Lives Healthy Minds cycling project where I go on weekly led rides with Ben and Kristanti, cycling instructors from The Active Wellbeing Society. I really enjoy cycling, and the weekly sessions present an opportunity to not only exercise but also offers a social space to be part of a cycling group. Now the project has come to a close, I'm in the process of signing up to volunteer as a cycle mechanic with TAWS. Thank you"*



### Age UK Needs You!

Age UK Birmingham are seeking a Walking Netball volunteer. For more information and to apply click [here](#)

### ★ Competition winners! ★

The lucky winners of our holiday prize quiz are - Claire Greaves, Annette Roche, Zachariah Okusi, and Steve Wright. Congratulations!



The [YONEX All England Badminton Open Championship](#) is being held at the Utilita Arena, Birmingham 12-17 March. Badminton England are offering an exclusive 10% discount\* code (below) to Sport Birmingham subscribers.

**YAESPORTBIRMINGHAM**

\*Max. two tickets per purchaser. Tuesday – Thursday sessions only.

'Courage isn't the absence of fear, but staying one step ahead of it'

Cristiano Ronaldo



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