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May 2023



Together Fund

The Together Fund was a continuation of the Tackling Inequalities Fund that was set up in April 2020 as part of Sport England's support package to help the sport and physical activity sector through the coronavirus (Covid-19) crisis.

The funding was targeted at the following priority groups:

- Lower socio-economic groups
- Culturally diverse communities
- Disabled people
- People with long-term health conditions

Funding was focused on:




- projects finding new ways to support people to be active
- projects offering advice and training support
- increasing resilience, capacity and capability of delivery bodies

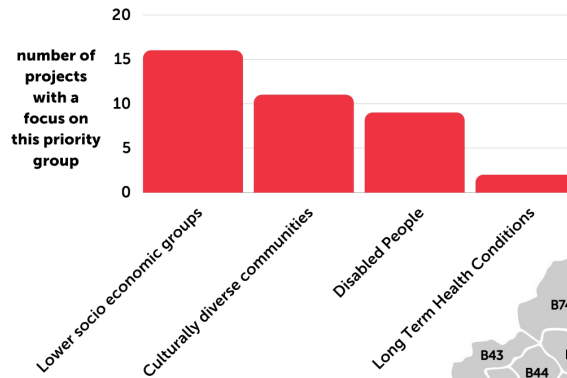
Below are some key evaluation stats from the funding roll out.



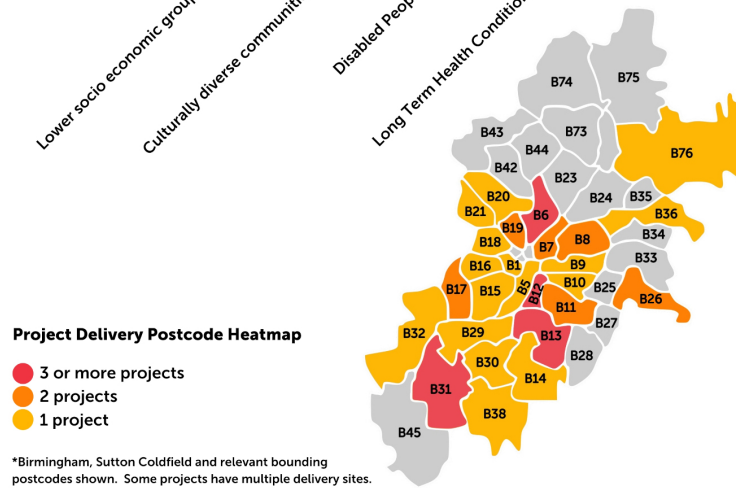
Sport England - Together Fund

Funding for projects that are focused on:

-  Supporting new ways to increase physical activity
-  Offering advice and training support
-  Increasing resilience and capacity of deliverers



38
Projects awarded funding



Carolle and Iman Tennis - A Birmingham women's tennis project that received funding from the Together Fund

Check out these funding opportunities!

Here's a run down of some great funding opportunities currently available. Please see links for more detailed information.

Green King IPA-Proud to Pitch in

over 18 yrs old.

Click [here](#) for more information

Jordan Sinnott Foundation Trust

Grants are available to clubs, community groups or teams in the UK to encourage vulnerable and underprivileged children and young adults to get active and enjoy taking part in sport.

Click [here](#) for more information

National Lottery Awards for All England

In order to support communities, funding is available for organisations that aim to:

- build strong relationships in and across communities
- improve the places and spaces that matter to communities
- help more people to reach their potential, by supporting them at the earliest possible stage
- support people, communities and organisations that are facing increased demands and challenges as a direct result of the cost-of-living crisis

Click [here](#) for more information

Sport England Small Grants

The fund supports projects that bring communities together and provide sport and physical activities for people who may be less physically active.

Click [here](#) for more information

Heart of England - Birmingham Sports Fund

Grants are available for charities and community groups for projects which encourage people in Birmingham to be active and engage in sport.

Click [here](#) for more information

Barclays Community Football Fund

Grants are available for not-for-profit groups in the UK to help improve access to football for all by running football activities for underrepresented groups. This is only open to new groups who have not already received a grant through this fund.

Click [here](#) for more information

Sunshine Coaches

Variety's famous Sunshine Coaches are specially adapted, accessible minibuses that cater for SEND schools and other non-profit organisations working with disabled and disadvantaged children and young people.

Click [here](#) for information

The Angus Irvine Playing Fields Fund

The fund exists to increase opportunities for young people in disadvantaged areas to play sport and enjoy its many benefits. The fund is available to local community groups, sports clubs, and charities in certain areas including the West Midlands. Grants will typically be in the range from £2.5k - £5k although a larger grant may be possible in some circumstances.

Click [here](#) for more information

Your Opportunity

Your Opportunity supports disabled and seriously ill young adults, aged 18 to 24 years old, living at home. They offer grants for digital equipment, clubs and activities, transport and much more.

Click [here](#) for more information



Are you a good communicator?

Are you passionate about the benefits of Sport and Physical Activity in maintaining and improving mental health?

Are you confident to have positive conversations around mental health?

Do you have an open and non-judgemental attitude?

[Click here to apply to be a Mental Health Champion](#)

Birmingham Mental Health Champion Programme

Why are we launching this programme?

1 in 4 people will experience a mental health problem in any given year. Research shows that being active improves our mental health and reduces our risk of developing depression by up to 30%, as well as playing a big role in supporting mental health recovery.

Over the past 2 years Sport Birmingham have been working closely with Birmingham and Solihull Mental Health Trust and our evaluation partner, Newman University to deliver Moving Lives Healthy Minds, a social recovery project for over 25's, diagnosed with Severe/Enduring mental ill health. Initial findings from the evaluation show the positive impact that participation in physical activity within a community setting has on service users confidence and social skills, as well as providing a sense of achievement and feeling of acceptance and normality within a group setting.

With our partners, Birmingham Mind, Sported, Living Well Consortium, Places Leisure, Birmingham and Solihull Mental Health Trust and Aston Villa Foundation Sport Birmingham are launching the Mental Health Champion Programme:

- To help raise awareness of Mental Health across Clubs/Organisations in the City.
- Support clubs/organisations to increase their knowledge, understanding and confidence in having positive conversations around Mental Health
- Support referrals from professional organisations into local sport and physical activity opportunities and provide clubs/organisations with the knowledge to refer into professional services if required.
- Advocate the benefits of Sport and Physical Activity for maintaining and improving mental health.

What is a Community Mental Health Champion?

communities. For more information and to apply click [here](#) and scroll down to the Birmingham Mental Health Champion dropdown.

Applications will close on Friday 9th June 2023.



National Bike Week

With its canals, towpaths and plentiful green spaces, Birmingham is ideally suited for cycling. National Bike Week Runs from 5th – 11th June. The **#BikeWeek100** challenge is designed for those who are new to cycling or haven't ridden in a while. For more information on National Bike Week click [here](#)

Check out this British Cycling guide to Birmingham [here](#)

Click [here](#) to access a range of free downloadable cycling maps and resources available on the Birmingham City Council website, including family friendly routes.

Cycling routes, buddies and groups can be searched for via the following links
Local cycling groups can be searched for through British Cycling and Cycling UK
Click [here](#) for the British Cycling search tool
Click [here](#) for the Cycling UK search tool

The Active Wellbeing Society is involved in a range of exciting cycling projects across the city aimed at increasing participation and inclusion. More information can be found [here](#)

🚨 JOB ALERT 🚨

Midlands Sailing Club are looking for a Volunteer Coordinator

The role involves developing a volunteering policy and the recruitment and support of a pool of local volunteers who will work alongside trained Instructors running weekly Watersports activities for adults and young people with disabilities.

For more details click [here](#)



We're excited to be supporting the launch of the biggest grassroots movement to transform children's coaching!

Our goal is for all children and young people — regardless of age, background or ability — to have a voice, choice and decide their journey when participating in sport and physical activity, so they develop a genuine and lifelong love for being active.

So what is child-first coaching?

Child-first coaching is an evidence-informed approach that prioritises the fundamental rights of all children and young people in sport and activity, regardless of their age, gender, background, or ability. There are three key ingredients of this approach which reflect the rights of children and young people to be heard, to play and to develop.

Find out more about the Play Their Way movement by checking out www.playtheirway.org where you will find insight into where this movement came from, resources which you can use in your practice and ways to join the movement.

PLACES & SPACES:

Match funding to create valuable places and spaces as part of the Commonwealth Games 2022 legacy

This national fund is to help community sport and physical activity groups improve their place or space, unite their communities and provide a lasting legacy as part of the Birmingham 2022 Commonwealth Games.

This is a capital fund that is available to all not-for-profit community organisations delivering sport and physical activity, helping them improve their place or space and helping to keep their community active.

For more info click [here](#) or contact jacky.white@sportbirmingham.org

You can also register to sign up for the monthly webinar on Tuesday 13th June. Click [here](#) for more info and to sign up

"We may encounter many defeats but we must not be defeated."

Maya Angelou



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