Child Bereavement UK

REBUILDING LIVES TOGETHER



At Child Bereavement UK, we help families to rebuild their lives when a child grieves or when a child dies.

We support grieving children and young people, and parents bereaved of a baby or child to find hope and rebuild their lives. Support is available if you're 25 or under, or if your baby or child died or is expected to die before their 26th birthday.

Instant bereavement support

No appointment needed or long wait times, just support when it's needed. Our trained bereavement specialists are available to speak with **Monday to Friday, 8am-8pm** (excluding bank holidays).

Group support & one-to-one

Our bereavement specialists explore the person's individual needs and assess if they could benefit from **one-to-one or group support.**

Trusted information & resources

Free online tools, content, guides, and publications to help people understand their grief and feel less alone, and to help the people around them feel confident supporting them.

How we help professionals

We offer tailored advice and a range of **training and education programmes,** which aim to help professionals support children, young people, parents and carers.

Our services are available to individuals of any gender or gender reassignment, marital or civil partnership status, disability, race, religion, faith, belief, or sexual orientation. We will endeavour to source interpreters / BSL interpreters where needed / possible.

Child Bereavement UK is a Registered Charity (England and Wales) 1061359, (Scotland) SC041140

Registered with FUNDRAISING REGULATOR

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Support is available for you to pick up and put down whenever you need it, wherever you live in the UK, whatever you're going through. Our trained bereavement specialists are available to speak with Monday to Friday, 8am-8pm (excluding bank holidays):

Call our free helpline: 0800 02 888 40

Email: ask@childbereavementuk.org

Text or WhatsApp us: 07418 341 800

Visit: childbereavementuk.org and click the 'Chat with us' button

"The charity helped me by providing access to resources and information that I could use to guide some of the most difficult initial conversations of our lives."

Ben

Right now, too many grieving children, young people and parents bereaved of a child are still facing their grief alone. We are determined to change that. But we can't do it without you.

You can help someone feel less alone, find a way forward and begin to rebuild their life at their own pace. Your donation today can help give a grieving person hope for tomorrow.



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