Who Can We Support?

- Adults with a diagnosed Learning Disability and/or Autism (18+).
- Must live within the Birmingham City Council area.
- Must not currently have an assessed package of care.
- Eligibility is subject to completing a Needs Assessment.

Good To Know:

- You'll have a regular, named Lead Worker.
- You can pick the time and place for your support.
- Access to an Oncall service.
- Up to 6 hours of support per week.
- The service is free.

What Can We Support With?

Independent Living Skills Maintaining your home (organising and household tasks). Planning and managing a budget, support to reduce debts or prevent crisis. Getting the right benefits and help with applications or reviews. Developing the skills needed to live more independently (daily routines and safety at home).	**Health & Wellbeing** Registering and attending health appointments (GP, Optician, Dentist and an Annual Health Check). Understanding health information. Encouraging healthy lifestyle choices and supporting emotional wellbeing. Preventing hospital admissions and supporting safe discharge when needed.	**Information, Advice & Guidance** Help understanding information, forms, letters or decisions that affect you. Supporting to express your wishes, have choice, control and be involved in decisions about your life. Understand decisions made by professionals and what they mean for you, including next steps or appeals.
Tenancy Support Understanding your rights and responsibilities as a tenant. Help with maintaining your tenancy and preventing housing issues.	**Community** Finding and accessing services and activities in your local community. Support to travel safely and confidently in the community (where appropriate).	**Safety and Personal Wellbeing** Enabling you to feel safe and supported, with dignity and respect. Support with cultural, religious or spiritual needs

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Registered Charity no: 1043360 Company Charity no: 3006451

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